



## **Pediatric Pre-Operative Feeding Instructions Outpatient and Same Day Admission Surgery (Children ages 0-15 years)**

**For your child's safety, it is imperative that you follow the feeding instructions below. If these feeding instructions are not followed, your child's operation may have to be rescheduled.**

**STOP ALL FOOD AND FLUIDS** after midnight the night before surgery, including the following:

Solid food, candy, chewing gum, milk products and formula,  
juice with pulp, soft drinks, and carbonated beverages

**BREASTFEEDING** may continue until 5 hours before the scheduled surgery time.

**CLEAR FLUIDS** may be continued until 4 hours before the scheduled surgery time, to include only the following:

Water, Apple Juice, and Pedialyte

The **LAST** clear fluid you give your child **CANNOT** be more than 8 ounces.

**IF YOU HAVE QUESTIONS, PLEASE CALL YOUR SURGICAL FACILITY:**

FAIRFAX SURGICAL CENTER (703) 691-0670

INOVA SURGICAL CENTER (703) 776-5910

FAIRFAX HOSPITAL OUTPATIENT SURGERY (703) 776-3678

FAIRFAX HOSPITAL DEPT. OF ANESTHESIOLOGY (703) 776-3138

FAIRFAX HOSPITAL CENTRAL TESTING (703) 970-3100

FAIR OAKS HOSPITAL OUTPATIENT SURGERY (703) 391-3723

FAIR OAKS HOSPITAL DEPT OF ANESTHESIOLOGY (703) 391-3037

FAIR OAKS HOSPITAL CENTRAL TESTING (703) 391-3155

RESTON HOSPITAL CENTRAL TESTING (703) 689-3155

WOODBURN SURGICAL CENTER: (703) 226-2652

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